

STUDY &
REFLECTION

I trust that you have seen and are ready to adopt the values taught in Scripture that will lead us to embracing, applying and seeing Physical Health become a reality. A real 'step-up,' will happen when we have the maturity to let down our guard and ego's and invite others into the fight and face these difficult challenges

TOGETHER.

These strategies and principles are articulated and embraced in health care today. It is called COMMUNITY HEALTH. Community health is a medical specialty that focuses on the physical and mental well-being of the people in a specific geographic region.

"Working at the community level promotes healthy living, helps prevent chronic diseases and brings the greatest health benefits to the greatest number of people in need,"

Strong community health requires residents to look beyond themselves and take "collective responsibility."

Aren't these the principles the Lord gives us in His Word, to bless and enhance the life and health of His people collectively? *"The WHOLE BODY, fitly joined together and compacted by that which EVERY JOINT (PART/PERSON) supplieth!"*

What would happen if instead of us each, doing our own thing, or small numbers of us connecting as divided groups, decided to join together as a whole and attack the issues of health wellness and wholeness as a BODY!! **THAT WOULD DRIVE THE DEVIL MAD!**

ACTION
ITEMS

&

INVOLVING
OTHERS

After giving this some thought individually, involve your group with the challenge to discuss and consider how we can began to be united and connected in our pursuit of physical health and wholeness.

This may seem impossible, but is exactly the heart and will of God. It requires a radical change in our Mind-Set (Romans 12:1-2).

We are powerful when we are Unified and Connected and operate as the BODY OF CHRIST!