

## Opportunity for African American Family Caregivers of Loved Ones with Dementia

**A**re you a family caregiver for a loved one with dementia? If so, you are invited to learn about being in an exciting research study sponsored by the National Institute on Aging.

This project is for African American families living in the Chicagoland area. The goal is to help family caregivers better understand and manage the challenges of being a caregiver for their loved ones with dementia.

### ***Caregivers are needed to...***

Attend an educational class online over Zoom, one hour weekly for four weeks. During the sessions participants watch presentations about dementia and health care, and also participate in group discussions about what they are learning.

Participants will also complete three online questionnaires during the course of the study, to see what they learned and how they felt about the classes.

**Compensation.** Participants receive \$290 for attending the four Zoom sessions and completing the online questionnaires.

### ***You may be eligible if...***

- You are the primary caregiver for a loved one with dementia, and
- Your loved one is not enrolled in hospice care.

### ***For more information...***

To learn more, [click here](#) or contact Rita Tharpe, RN, MSHS, Project Manager, at (312)420-5923.

